

MMS Protocol List by Mark S Grenon, from MMSanswers.org

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| A | |
| Acid Reflux Disease | Protocol 1000 |
| Acne | Protocol 1000, protocol 3000 application to affected area once per day, spray solution (10 drops per ounce) application hourly for another 8-9 hours, bag protocol once per day to treat areas other than face |
| Allergies | Protocol 1000. Depending on type of allergy, once daily baths, bag protocol, spray bottle protocol (10 drops per ounce) and/or inhalation therapy (using no more than 2 activated drops MMS and breathing very lightly) |
| ADHD | Protocol 1000 (Attention Deficit Hyperactivity Disorder) |
| Altitude Sickness | Protocol 1000 in advance of exposure to high altitude is best, but at sudden onset administer 6 and 6 protocol and then go to protocol 1000 |
| Alzheimers Disease | Protocol 1000 and if no progress in 2 weeks, Protocol 2000 |
| Andropause | Protocol 1000 |
| Anemia | Protocol 1000, Iron Deficiency may also need vitamin B12; iron supplements |
| Anorexia Nervosa | Protocol 1000 |
| Arthritis | Protocols 1000 and 3000 |
| Aspergers Syndrome | Protocol 1000 |
| Asthma | Protocol 1000 and inhalation therapy (caution: use no more than 2 activated drops MMS and breathe lightly) |
| Autism | Go to mmsautism.org for MMS protocols for autism by Kerri Rivera and to ask questions and read answers about autism and MMS. |
| B | |
| Back Pain | Protocol 1000, protocol 3000 applied once only to affected area, enema protocol |
| Bladder Cancer | Protocols 2000 and 3000 |
| Bone Cancer | Protocols 2000 and 3000, bath protocol, bag protocol, enema protocol, inhalation therapy (use no more than 2 activated drops MMS and breathe gently) |
| Bad Breath (Halitosis) | Protocol 1000, tooth and tongue brushing with 10 activated drops MMS per ounce water solution |
| Baldness | Spray mixture (10 activated drops per ounce) on scalp once per hour for 10 hours per day, Protocol 1000 |
| Bipolar Disorder | Protocol 1000 |
| Brain Cancer (Tumors) | Protocols 2000 and 3000, bath protocol, bag protocol, enema protocol, inhalation therapy (use no more than 2 activated drops MMS and breathe gently) |
| Brain Injury | Protocol 1000 |
| Breast Cancer | Protocols 2000 and 3000, douche with 25 activated drops in one liter water every other day (this has been successful for women because it gets the MMS to the breast via the cervix), bath protocol, bag protocol, enema protocol, inhalation protocol (use ≤ 2 activated drops MMS and breathe gently) |

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| Bronchitis | Protocol 1000, inhalation therapy (use no more than 2 drops activated MMS and breathe gently), protocol 3000 one time only per day to chest |
| Burns | Directly apply unactivated MMS to burn only 3-5 minutes, then rinse it off. If you do not understand any part of "rinse it off", then do not do this! |
| Bursitis | Protocol 1000, protocol 3000 only 1-3 times per day to affected areas, bath protocol |
| C | |
| Cancer | Protocols 2000 and 3000, bath protocol, bag protocol, enema protocol, inhalation protocol (use no more than 2 drops of activated MMS and breathe gently) |
| Canker/ Cold Sores | Protocol 1000, spray bottle protocol (10 activated drops per ounce) |
| Carpal Tunnel Syndrome | Protocol 1000, Protocol 3000 application to affected area 1-3 times per day |
| Celiac Disease | Protocol 1000, enema protocol |
| Cervical Cancer | Protocols 2000 and 3000, douche protocol, enema protocol, bath protocol, bag protocol, inhalation protocol (use no more than 2 activated drops MMS and breathe gently) |
| Cholesterol | Protocol 1000 |
| COPD | Protocol 1000, inhalation therapy (use no more than 2 activated drops MMS and breathe lightly) (Chronic Obstructive Pulmonary Disease) |
| Colon Cancer | Protocol 2000 and 3000, enema protocol, bath protocol, bag protocol, inhalation therapy (use no more than 2 activated drops MMS and breathe gently) |
| Congestive Heart Failure | Protocol 1000 |
| Cradle Cap | Spray scalp with spray bottle solution (10 drops MMS per ounce water) |
| Crohns Disease | Protocol 1000, enema protocol |
| Candida | Protocol 1000, enema protocol, bag protocol, douche protocol for females, bath protocol |
| Conjunctivitis | Prepare a solution of 4 activated drops MMS in 1/2 cup water and drop 2-3 drops in each eye every hour until well; protocol 1000 |
| D | |
| Dandruff | Spray scalp with spray bottle solution (10 activated drops MMS per 1 ounce water) several times per day. Causes bleaching over time. |
| Deep Vein Thrombosis | Protocol 1000 |
| Dengue Fever | Protocol 1000 |
| Depression, Anxiety | Protocol 1000 |
| Diabetes | Protocol 1000, if no results in 2 weeks, then 2000 for as long as it takes |
| Diaper Rash | Spray affected area with spray bottle solution (10 activated drops per ounce water) |
| Diarrhea | 6 and 6 then protocol 1000 |

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| Diabetes Type I | Protocol 1000, may switch to protocol 2000 after 2 weeks if necessary (Mellitus, Insulin Dependent) |
| Diverticulitis | Protocol 1000 |
| Down Syndrome | Protocol 1000 |
| Drug Addiction | Protocol 1000 |
| Dyslexia | Protocol 1000 |
| E | |
| Ear Infections | Activated 4 drops MMS and add 1/2 cup water. Drop several drops into affected ear and allow to penetrate deeply lying on your side. |
| Eating Disorders | Protocol 1000 |
| Eczema | Protocol 1000, Spray bottle protocol (10 activated drops MMS per ounce water) |
| Endometriosis | Protocol 1000, douche protocol |
| Enlarged Prostate | Protocol 1000, enema protocol |
| Epilepsy (Seizure) | Protocol 1000 |
| Erectile Dysfunction | Protocol 1000 |
| Eye Problems | Protocol 1000, activate 4 drops MMS and add 1/2 cup water. Use a dropper to put several drops in each eye every hour for 10 hours |
| F | |
| Fibroids | Protocol 1000, then 2000 if no results in 2 weeks |
| Fibromyalgia | Protocols 1000 and 3000 |
| Fracture | Protocol 1000 |
| Flu | 6 and 6 protocol, then protocol 1000, inhalation therapy (use no more than 2 activated drops MMS and breathe gently) |
| G | |
| Gallbladder Disease | Protocol 1000 |
| Gallstones | Protocol 1000 |
| Genital Herpes | Protocol 1000, spray bottle protocol |
| Genital Warts | Protocol 1000, spray bottle protocol, douche protocol for females |
| Glomerulonephritis (Nephritis) | Protocol 1000 |
| Gonorrhea | Protocol 1000, douche protocol for females |
| Gout | Protocol 1000, protocol 3000 to affected joints |
| Gum Disease | Apply solution of 4 activated drops MMS with 1/2 cup water with toothbrush 3 times per day after meals. Brush gums, gumline and tongue well. In serious cases, may also apply DMSO with toothbrush once per day for deeper penetration. |

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| H | |
| Herpes | Protocol 1000, spray bottle protocol |
| Headache | 6 and 6 protocol, then protocol 1000 |
| Heart Disease | Protocol 1000 |
| Hemorrhoids | Protocol 1000, spray bottle protocol, enema protocol |
| Hepatitis | Protocol 1000 |
| HIV / AIDS | Protocol 2000, protocol 3000, bath protocol, bag protocol |
| Hives | Protocol 1000, spray bottle protocol, bath protocol, bag protocol |
| Hyperglycemia (High Blood Sugar) | Protocol 1000, after 2 weeks may switch to protocol 2000 if needed |
| Hypertension (High Blood Pressure) | Protocol 1000 |
| Hyperthyroidism | Protocol 1000 |
| Hypothyroidism | Protocol 1000, 50-100mg iodine supplement daily |
| I | |
| Influenza | 6 and 6 protocol, protocol 1000 |
| IBS | Protocol 1000, enema protocol, for Irritable Bowel Syndrome |
| Itching | Spray bottle protocol |
| J | |
| Joint Pain | Protocol 1000, protocol 3000 application once per day to joints |
| Juvenile Diabetes | Protocol 1000, may switch to protocol 2000 after 2 weeks if needed |
| Juvenile Rheumatoid Arthritis | Protocol 1000, protocol 3000 once per day |
| K | |
| Kidney Diseases | Protocol 1000 |
| Kidney Stones | Protocol 1000 with lots of water |
| L | |
| Leukemia | Protocol 2000, protocol 3000, bath protocol, bag protocol |
| Liver Cancer | Protocol 2000, protocol 3000, enema protocol, bag protocol, bath protocol, inhalation protocol (use no more than 2 activated drops and breathe gently) |
| Lung Cancer | Protocol 2000, protocol 3000, inhalation therapy (use no more than 2 activated drops and breathe gently), bag protocol, bath protocol, enema protocol |
| Lyme Disease | Protocol 2000, protocol 3000, bag protocol, bath protocol |
| M | |
| Mad Cow Disease | Protocol 1000 |

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| Malaria | Give 15 drop dose, then wait 1-4 hours and give another 15 drop dose |
| Mesothelioma | Protocol 2000, protocol 3000, inhalation therapy (use no more than 2 drops and breathe gently), bath protocol, bag protocol |
| Migraine | 6 & 6 protocol, then protocol 1000 |
| Mononucleosis | Protocol 1000 |
| Multiple Sclerosis (MS) | Protocol 2000 |
| N, O | |
| Osteoarthritis | Protocol 1000, protocol 3000 |
| Osteomyelitis | Protocol 1000, bag protocol |
| Osteoporosis | Protocol 1000 |
| Ovarian Cancer | Protocol 2000, protocol 3000, bag protocol, bath protocol, douche protocol, enema protocol, inhalation protocol (use no more than 2 activated drops and breathe gently) |
| Ovarian Cyst | Protocol 1000, douche protocol |
| P | |
| Parkinson's Disease | Protocol 1000, may switch to protocol 2000 after 2 weeks if necessary |
| Peptic Ulcers | Protocol 1000 |
| Pink Eye | Prepare a solution of 4 activated drops MMS in 1/2 cup water and drop 2-3 drops in each eye every hour until well; protocol 1000 |
| Polio | Protocol 1000 |
| Pneumonia | Protocol 1000, inhalation therapy (use no more than 2 activated drops and breathe gently) |
| Prostate Cancer | Protocol 2000, protocol 3000, bath protocol, bag protocol, enema protocol, inhalation protocol (use no more than 2 activated drops and breathe gently) |
| Psoriasis | Protocol 1000, bag protocol, bath protocol, spray bottle protocol |
| Q, R | |
| Restless Legs Syndrome | Protocol 1000 |
| Rheumatoid Arthritis | Protocol 1000, protocol 3000 |
| Rheumatic Fever | Protocol 1000 |
| Ringworm | Protocol 1000, gas protocol (Activate 6 drops MMS in a clear glass and place the mouth of the glass over the boil right-side-up in such a way that no liquid touches the skin. Leave in place for 5 minutes and NO MORE. Cover with vaseline and a bandage and wait at least 4 hours before doing it again.) |
| Rosacea | Protocol 1000, spray bottle protocol |

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| S | |
| SARS | 6 and 6 Protocol, then protocol 1000, inhalation therapy (use no more than 2 activated drops and breathe gently) (Severe Acute Respiratory Syndrome) |
| Sinus Infections | Protocol 1000, also mix 4 activated drops MMS with 1/2 cup water and drop at least several drops into each nostril while lying down on your back on a bed and hanging your head over the edge, allowing the solution to penetrate deeply |
| Skin Cancer | Protocol 2000, protocol 3000 (apply solution directly to lesions), bag protocol, bath protocol |
| Skin Rash | Protocol 1000, spray bottle protocol, bath protocol, bag protocol |
| Smallpox | Protocol 1000 |
| Staph Infection (MRSA) | Protocol 1000, gas protocol (Activate 6 drops MMS in a clear glass and place the mouth of the glass over the boil right-side-up in such a way that no liquid touches the skin. Leave in place for 5 minutes and NO MORE. Cover with vaseline and a bandage and wait at least 4 hours before doing it again.) |
| Stomach Cancer | Protocol 2000, protocol 3000, enema protocol, bag protocol, bath protocol |
| Strep Throat | Protocol 1000, brush teeth and tongue and gargle with a solution of 10 activated drops MMS per ounce water |
| Sunburn | Spray bottle protocol once per hour |
| Syphilis | Protocol 1000, douche protocol for females, spray bottle protocol |
| T | |
| Testicular Cancer | Protocol 2000, protocol 3000, bath protocol, bag protocol |
| Tooth Decay | Brush teeth, gum line and tongue with 10 activated drops MMS per ounce water solution; activate 3 drops in a small glass or plastic container and place your mouth over the opening in such a way that none of the solution enters your mouth while you breathe through your nose. DO NOT INHALE FUMES. Just let the fumes into your mouth for 5 minutes and NO MORE. |
| Tuberculosis (TB) | Protocol 1000, inhalation protocol (use no more than 2 activated drops MMS and breathe gently) |
| U | |
| Ulcers | Protocol 1000, spray bottle protocol for skin ulcers; gas protocol for skin ulcers (Activate 6 drops MMS in a clear glass and place the mouth of the glass over the boil right-side-up in such a way that no liquid touches the skin. Leave in place for 5 minutes and NO MORE. Cover with vaseline and a bandage and wait at least 4 hours before doing it again.) |
| Urinary Tract Infection (UTI) | Protocol 1000 |
| Uterine Bleeding | Protocol 1000, and douche protocol for Dysfunctional Uterine Bleeding |